



Montenegro - Coast and National Park Adventure



HOLIDAY TYPE: Small Group
VISITING: Montenegro

BROCHURE CODE: 4017
DURATION: 7 nights

In Brief

A compact country of rich history, scenic beauty, and architectural delight, Montenegro's delights often fly under the radar, but we can think of few better places for a family activity holiday. You'll tackle canyon waters by raft, orienteer around lakes, kayak and snorkel in the sea, explore national parks by cable car and foot, and take on high ropes courses – all included in the holiday price!

Our Opinion

“ I had read various articles about Montenegro before travelling here but I was completely unprepared for how beautiful the scenery really is! The outdoor pool here is right on the bay offering some amazing views. Rino and Sanja your hosts for the week are incredibly welcoming and some of the best cooks I have come across anywhere! My return flight was cancelled during my visit here and I've never been more pleased to be stranded anywhere. ”

Amy Hope



What's included?

- **Transfers:** return group transfer to and from Tivat Airport and activity transfers (private airport transfers may incur a supplement)
- **Accommodation:** 7 nights' hotel accommodation in double/twin/triple rooms
- **Meals:** 7 breakfasts, 3 lunches (with activities), 4 dinners
- **The following activities are included in the price:** lazy beach day, Lovćen National Park and high ropes adventure, white water rafting, orienteering, Durmitor National Park and cable car ride, sea kayaking and snorkelling (order of activities subject to change)
- All equipment, tuition and supervision from fully qualified instructors
- Services of our local guides or representatives

Trip Overview

Montenegro has only recently started to receive the kind of glowing publicity that we know it deserves. It is a land of exceptional landscapes which provide the backdrop to some incredible family experiences.

With its walled towns and vast dramatic mountains, a visit to Montenegro is like stepping into the past. It is a country that encapsulates an idyllic blend of Eastern and Western European cultures. Walking on streets over which Ancient Romans walked and swimming in waters once sailed by pirates. Children will feel like intrepid explorers and adults will no doubt be captivated by the sheer beauty of this tiny country.

All activities are included in the cost of your holiday, which starts and ends in the town of Kotor. With a rich history and Venetian influence, this is a delightful coastal base situated on the edge of a fjord. You will enjoy snorkelling, swimming and sea kayaking at the coast, as well as a thrilling high ropes course inland. For those travelling on our August departure, you will stay on the opposite side of the bay to the town of Kotor, but it is only a short taxi ride away.

The many sandy and pebbled beaches, warm climate and temperate waters make Kotor an ideal place for families and there are plenty of opportunities for you to swim in the sea, which is only a short walk from your hotel. In the town itself, you will be able to explore the winding cobbled streets and look around the piazzas with their numerous churches,

restaurants, and shops.

For a country that's about the size of Wales, Montenegro punches above its weight when it comes to scenery and national parks. With so much to see, you will relocate to the mountain town of Žabljak to enjoy the wonders and untouched nature of Durmitor National Park for two nights during your stay. Highlights include rafting through the Tara Canyon – the deepest river canyon in Europe – and orienteering around spectacular mountain lakes.

Image credits: Adventure Montenegro

Agenda

Please note the order of activities is subject to change

DAY
1

ARRIVAL AND WELCOME

Upon arrival, you will be greeted at the airport and transferred to your accommodation in the Bay of Kotor. For those travelling on our July departure, your hotel is just a short walk from the scenic shoreline of the fjord and you may want to wander some of the beautifully scenic routes that take in this ancient town in your free time. After settling in, dinner will be held at one of the most popular local restaurants in the small town, offering your first taste of traditional Montenegrin cuisine.

For those travelling on our August departure, you will stay in the small village of Prcanj, on the opposite side of the bay to Kotor town, but right on the shoreline and in close walking distance of a small beach and local restaurants. Kotor is only a short taxi ride away. Dinner will be served in your hotel this evening.

Included Meals: Dinner

DAY
2

LAZY BEACH DAY

This first day in Montenegro has been designed to allow you to relax and enjoy your stunning new surroundings before the pace increases later on in the week.

You will spend today visiting some of the picturesque beaches around Kotor, enjoying time at each and having the chance to swim and snorkel in the clear waters with your family.

Included Meals: Breakfast, Dinner

DAY
3

LOVČEN NATIONAL PARK AND HIGH ROPES ADVENTURE

Today you will visit one of the most beautiful areas in Montenegro; the Lovćen National Park. One of your first stops is a monument which was built to honour one of the country's most popular rulers. Situated on a mountain peak, this is a truly jaw-dropping location and offers views across all of Montenegro's borders – a great spot for a family photo.

From here you will drive to a local restaurant to enjoy a traditional Montenegrin lunch.

After lunch, it is time for an adrenaline-filled high ropes adventure in the tree tops. There are numerous courses to choose from and following instructions, you will set off on the most appropriate course for your ability. There are zip wires, climbs, rope ladders and many more obstacles to enjoy during your time at the park.

Included Meals: Breakfast, Lunch

DAY
4

WHITE-WATER RAFTING IN THE TARA CANYON

There will be an early start this morning as you temporarily relocate and head up to the small town of Zabljak, situated at 1450m, on Mount Durmitor. Zabljak is your base for the next two nights so you can enjoy all that this region has to offer. We can assure you that this area is well worth a visit as you will spend today and tomorrow exploring the Durmitor National Park, a UNESCO World Heritage Site.

The park offers a stunning natural landscape of carved limestone and is home to a varied range of mammals, as well as birds and butterflies, so there will be much wildlife for your children to keep an eye out for!

Your first activity is a thrilling white-water rafting experience. Upon arrival at the Tara River, you will be kitted out and the rafting fun begins. The river cuts right through the Tara Canyon making it a popular spot for rafting and it is easy to see why! This is Europe's deepest river canyon and the scenery is utterly spectacular.

Lunch will be served after your rafting trip and you will have the chance to explore the town of Zabljak.

Included Meals: Breakfast, Lunch

DAY
5

DURMITOR NATIONAL PARK AND LAKESIDE ORIENTEERING

Today provides the chance to explore two of the most delightful areas of the Durmitor National Park – Black Lake and Snake Lake.

Black Lake is edged by mountains on one side and deep forests on the other, providing

incredible scenery. You will follow the trail around the perimeter of the lake, weaving in and out of the forest paths and hopefully having the chance to spot some of the local flora and fauna.

You will then be challenged with the task of navigating to your next location; your guide will give you an introduction to orienteering before you test your skills and set off to find Snake Lake, deeper in the forest. The name "Snake Lake" is taken from the gnarled roots of the trees that surround the lake, which look like snakes slithering along the ground. It's an utterly stunning location with towering mountains and crystal clear waters; a great spot for a family adventure.

Included Meals: Breakfast, Dinner

DAY
6

DURMITOR NATIONAL PARK, SAVIN KUK PEAK CHAIRLIFT AND RETURN TO KOTOR

This morning, you will check out of your accommodation in Zabljak and enjoy a day exploring the scenery of the Durmitor National Park, before heading back to Kotor.

A short hike will give you access to some of the best vistas out across this dramatic landscape.

You will then enjoy a chairlift ride to the summit of Savin Kuk at a height of 2330m, a very enjoyable way to ascend a mountain. From the top, you should be able to see Black Lake below before you head back to Kotor.

You will have some free time in the town this afternoon before your evening meal.

Included Meals: Breakfast, Lunch

DAY
7

SEA KAYAKING AND SNORKELLING IN BAY OF KOTOR

Back at the coast and we may well have saved the best until last! You will be paired up in teams of two before it is time to kayak on the Fjord of Kotor. As you paddle along, your guide will highlight points of interest in the town and pass on some of the local legends. You will stop off at one of the fjord's sandy beaches for swimming and snorkelling. The Bay of Kotor is a sheltered location which provides gentle sea conditions and a more relaxed kayaking experience. You can expect to cover up to 6 km/4 miles at a leisurely pace. It normally takes around 3 hours and throughout the tour, you will have the chance to swim, snorkel and just stare around you at the bay's beauty!

This evening a farewell meal will be served at a local restaurant.

Included Meals: Breakfast, Dinner

DAY
8

DEPARTURE

Today you will be transferred from your hotel to the airport for your return flights home.

Included Meals: Breakfast

Accommodation Notes

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Please note: If travelling in July you will spend 5 nights in either Hotel Marija 1 or Marija 2 and 2 nights in Polar Star Apartments or Hotel Soa Village. If you are travelling in August, you will spend 5 nights in Hotel Splendido and 2 nights in Polar Star or Hotel Soa Village.

Included Accommodation

Option 1

Hotel Marija 1 Kotor (Nights: 1-3,6-7)



For those travelling in August, your accommodation will be the wonderfully central Hotel Marija 1.

Nestled in the heart of the Old Town, Marija 1 offers guests the opportunity to immerse themselves in history as they dwell within touching distance of a Unesco World Heritage Site. The beautiful baroque building has even hosted international royalty through the ages such as Austrian Emperor, Franz Joseph. The interior design comprises of masterful craftsmanship, and the oak furnishings give the hotel its unique and prestigious character.

Hotel Facilities

- Watch the world go by from the hotel's outdoor dining area overlooking St Claire and Anton and St Nikola's church in the square of the old town. The restaurant serves a menu of traditional Montenegrin dishes and reputable fish specialities
- For those looking for a lively atmosphere, the hotel's cocktail bar is the place to be
- Keep in touch with loved ones with the hotel's free Wi-Fi
- Hotel Marija has a fantastic location amidst the labyrinth of the old town and situated just 100 meters from the waterfront and marina of Kotor Bay

DOUBLE, TRIPLE OR FAMILY ROOMS: the hotel features 17 rooms to suit different group sizes - from single and double rooms to triple rooms (one large double bed and one single bed) and a family room (two single beds and one extra-large double bed or two large double beds).

All rooms are en-suite and air-conditioned. They are equipped with satellite TV, telephone, mini bar, hairdryer and free internet. They are decorated with an oak wood finish.

Image credits: Hotel Marija 1

Hotel SOA (Nights: 4-5)



Tucked away and surrounded by conifers, with a magnificent view of the mountain range. Respecting the values of nature and the environment, Hotel SOA was built in Žabljak, in the very heart of the Durmitor National Park. A contemporary interpretation of traditional Durmitor architecture characterizes the style of this four-star hotel.

Hotel Facilities

- Spa Center
- International Kitchen

DOUBLE ROOMS / SUITES: All units have a mini bar, TV with satellite and cable

channels, free wireless internet, direct telephone line.

Please speak to one of our Family Travel Experts for a quotation.

Option 2

Hotel Splendido (Nights: 1-3,6-7)



For your time in Kotor, you may wish to upgrade to the Hotel Splendido.

Located in the small town of Prcanj on the stunning Bay of Kotor, you will be completely immersed in the breathtaking natural scenery. The hotel is a former palace and ideally situated near the old town of Kotor.

Hotel Facilities

- Take a dip in the outdoor pool with incredible views
- Relax on the private beach area
- Sample the delicious food in the hotel's Italian restaurant and sit inside the air-conditioned dining room or outside on the terrace
- Enjoy free Wi-Fi in the hotel

DOUBLE OR TWIN ROOMS: all rooms are furnished traditionally modern style with air-conditioning, satellite TV, phone and internet access (wired).

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Hotel Facilities

- Spa Center
- International Kitchen

DOUBLE ROOMS / SUITES: All units have a mini bar, TV with satellite and cable channels, free wireless internet, direct telephone line.

Please speak to one of our Family Travel Experts for a quotation.

The Specifics

Holiday group size (approximate)

Minimum 4 and maximum 16 persons (approximately)

Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any

additional activities you book.

Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>

Please note: our payment and cancellation terms will be unique to each booking - they will be confirmed with you at the time of quotation. The terms listed above are noted as a guide only