



## Lake District Short Break



**HOLIDAY TYPE:** Small Group  
**VISITING:** UK

**BROCHURE CODE:** 4002  
**DURATION:** 3 nights

### In Brief

Enjoy an adventurous trip to the spectacular and remote landscapes of the Lake District during our fantastic family short break. This family adventure includes two activities which you can choose from canoeing, kayaking, paddle boarding, fell walking, bushcraft, abseiling, climbing and ghyll scrambling, allowing you to experience the best of what this region has to offer.

### Our Opinion

*“ The Lake District is truly one of the UK's most spectacular regions, with a diverse combination of colourful fells and pristine bodies of water. It is an ideal location for an adventurous family holiday with various fun-filled activities amidst a stunning backdrop. Our partners have an extensive knowledge of the area and offer an insight into the very best of the Lake District, whilst providing expert guidance. This holiday will not only provide memorable family experiences but also a sense of achievement. ”*

Amy Hope



## What's included?

- This is a self-drive holiday\*
- Transfers to and from activities are all included
- **Accommodation:** 3 nights' hotel accommodation in a standard double/twin room at Glaramara Hotel (subject to availability)
- **Meals:** 3 breakfasts, 3 dinners
- **Two half-day activities:** choose from fell walking, ghyll scrambling, climbing, bushcraft, abseiling and water sports (canoeing, kayaking or stand-up paddle boarding) **(the order of activities is subject to change)**
- All equipment, tuition and supervision from fully qualified instructors

\*Please note that, as you will not require your own vehicle once in the area, we can provide you with local taxi details, so that you can arrange your own transfers from Penrith train station to the hotel, should you choose to arrive by train. Please speak to our Family Travel Experts for further information.

## Trip Overview

The Lake District is perhaps one of Britain's most picturesque regions and a firm favourite for family holidays. With an array of pristine lakes surrounded by looming colourful fells, it is an ideal location for multiple adventurous activities and provides a peaceful and idyllic setting.

The carefully chosen activities during this adventure are based in the magnificent Borrowdale Valley whose scenery is the very image of the English countryside. Water-based activities take place at Derwentwater which offers otherworldly views of the surrounding landscape and is aptly known as 'The Queen of the English Lakes'. This short break adventure includes two half-day activities as standard, which your family can pick from a choice of fell walking, climbing, ghyll scrambling, bushcraft, abseiling and water sports (including canoeing, kayaking and stand-up paddleboarding). These activities are hugely popular with families as they allow children to develop and be challenged whilst also having a great deal of fun in complete safety!

Your hotel accommodation is situated at the southern end of Derwentwater, just a scenic 20-minute drive, skirting the lake, from Keswick. Your hotel is also the starting point for

your activities. This is a self-drive holiday and although it is possible to do without a car (please speak to our travel experts for further information on this) a car does give you some added flexibility in getting to Keswick if you wish to make the most of this traditional Lake District town with its delightful mix of independent shops, outdoor equipment stores, cafés and cosy traditional hikers' pubs. We highly recommend wandering around the town centre during any free time, especially visiting the local farmers' market on Thursday.

Just a short walk from the centre of Keswick is Castlerigg stone circle, the Stonehenge of the North! It is not on the same scale as its more showy cousin, but there is no doubt the surrounding scenery is more impressive – definitely worth a visit during any free time.

**Image credits:** Glaramara Hotel, Visit England and Alex Hare

## Agenda

Please note the order of activities is subject to change

DAY  
1

### ARRIVAL AND WELCOME

Upon arrival in the spectacularly scenic Lake District, you will make for your accommodation at Glaramara, where you can check in this afternoon.

Depending on your arrival time, you might be able to fit in an additional afternoon activity today; please speak to our Travel Experts for further information on costs and timings.

During the evening, a welcome meeting will be held with your guide to discuss the programme. This will be followed by a delicious welcome dinner in the hotel restaurant.

**Included Meals:** Dinner

DAYS  
2 TO 3

### CHOOSE YOUR INCLUDED ACTIVITIES

We have included two half-day activities as standard within this holiday and you can pick and choose which ones you would like to do as a family.

The activities will take place in either the morning or afternoon, with time for you to enjoy lunch on your own (payable locally). If you'd like to include more activities, please speak to our Travel Experts for a quotation.

You can pick two activities from the following choices: fell walking, climbing, abseiling, ghyll scrambling, bushcraft and water sports (including canoeing, kayaking and stand-up paddle boarding). Each activity allows you to experience the Lake District in a different way, from mountain top to lakeside.

Fell walking will take you into the mountains in search of enchanting panoramic views of the surrounding colourful landscapes, while climbing will challenge you to search for rocky routes to the top of the crags (alternatively you can learn how to rappel down crags with abseiling.) Ghyll scrambling will have you journeying through a scenic gorge, descending downstream in a series of jumps, slides, scrambles and swims. Bushcraft gives you a fun but practical introduction to essential survival skills as well as learning more about the natural environment.

For those of you who'd like to make the most of the stunning lakes, you can also choose to go canoeing or kayaking, or maybe even try your hand at stand-up paddle boarding. The spectacular location provides the perfect backdrop for these fun-filled family activities.

If you'd like to try something even more adventurous, we can also offer an additional activity to Honister Slate Mine, where your family can enjoy climbing along the Via-Ferrata with its breath-taking views of the surrounding scenery. Please see our 'Personalise' section for further details.

Following your days' adventures, you will return to your cosy accommodation and enjoy an evening meal each night.

**Included Meals:** Breakfast, Dinner

DAY 4	DEPARTURE
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Following your final breakfast, today you will return home, or we can also arrange for you to extend your stay in the Lake District.

**Included Meals:** Breakfast

## Personalise this tour

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### Our pick





## Honister Slate Mine - Via Ferrata

This is the perfect option to fill your free day with adventure at a height and is great for families with older children. Honister Slate Mine's 'Via Ferrata Xtreme' makes for an excellent introduction to climbing. This mountainside 'iron road' of rungs and ladders allows beginner climbers to safely scale incredible heights and take in some spectacular views.

Please note that there is a minimum height of 1.3m and a minimum age of 10 years old for this activity

**Duration:** half day

Please speak to our Travel Experts for a quotation.

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## Included Accommodation

Glaramara Hotel (Nights: 1-3)



Glaramara Hotel is situated in a superbly rural location, surrounded by dramatic fells, lush, green fields and the meandering River Derwent. Only 20 minutes drive from the market town of Keswick, it's easy to pop along for a visit.

It has 33 rooms in total, the majority of which are double or twin-capacity.

## Hotel facilities

- The fantastic hotel restaurant and bar offers a variety of tasty dishes, with plenty of locally-sourced ingredients to enjoy, all cooked by their award-winning chef
- Free Wi-Fi throughout the hotel
- A drying room, should you get caught in a Lake District downpour!
- Families can enjoy several walking routes from the hotel's doorstep

## Room type

**Double and twin rooms:** there are 25 double and twin rooms and 8 single rooms, all of which are en-suite. Each room is decorated in a stylish and comfortable fashion and most of them have views of the surrounding fells. Each room comes equipped with complimentary tea and coffee. Toiletries and towels are also provided.

## The Specifics

### Holiday group size (approximate)

Minimum group size of 4 people and maximum 24 (approximately)

### Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

### Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

## Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

## Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

## Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>

**Please note: our payment and cancellation terms will be unique to each booking - they will be confirmed with you at the time of quotation. The terms listed above are noted as a guide only**