



## Croatia - Coast and National Parks Activity Week



**HOLIDAY TYPE:** Small Group  
**VISITING:** Croatia

**BROCHURE CODE:** 4031  
**DURATION:** 7 nights

### In Brief

Croatia is a country blessed by both natural and manmade beauty and this holiday makes the absolute most of Croatia's natural environment. You'll enjoy white-water rafting, sea kayaking, canyoning, blue lagoon boat trip and exploring the stunning Krka National Park, all from your superb base close to the towns of Trogir and Split.



## What's included?

- **Transfers:** return transfers to and from Split airport
- **Accommodation:** 7 nights in a family room at the Hotel Medena
- **Meals:** 7 breakfasts
- **The following activities are included in the holiday:** River Rafting, Krka National Park Day Tour, Canyoning, Sea Kayaking and Snorkelling and Blue Lagoon Boat Trip (**order of activities is subject to change**)
- All equipment, tuition, and supervision from fully qualified instructors

## Trip Overview

Croatia is a country blessed by both natural and manmade beauty and this holiday makes the absolute most of Croatia's natural environment. You'll enjoy white-water rafting, sea kayaking, canyoning, blue lagoon boat trip and exploring the stunning Krka National Park, all from your superb base close to the towns of Trogir and Split.

From lagoons to rivers, you'll see it all! The country is a true gem of the Dalmatian coast, with the sapphire beaches and emerald forests which form its coastline simply crying out to be explored. With this abundance of natural beauty, delicious cuisine, and a thriving adventure sports industry, it is the perfect place for you and your family to enjoy a coast and country activity week together.

We've based this 7-night active family adventure on the outskirts of the small and beautiful town of Trogir. You'll see the fabulous coastline and spend lots of time actively exploring rivers, canyons, and national parks. There's a visit to the Krka National Park with a short walking tour through the park, rafting on the beautiful Cetina River, sea kayaking around Split, canyoning through the Cetina River's spectacular steep-sided canyons and a relaxed visit to the Blue Lagoon by boat.

Although it has been designated as a UNESCO heritage site, the beautiful town of Trogir is lesser known in tourist circles. Your hotel is only a short taxi ride away from the Old Town, with plenty of restaurants, cafes, and shops to enjoy in amongst the beautiful Romanesque and Renaissance architecture. Furthermore, with a pool in the back garden of your hotel and a popular pebble beach a mere 200m away, you'll have the perfect place to relax and unwind between your adventures.

We can't think of a better way to explore the very best of Croatia's coast and country than on a multi-activity holiday. You'll be safe under the tutelage, guidance, and supervision of qualified guides, so all you have to do is listen and then enjoy.

**Image credits: Croatian National Tourist Board/Ivo Biocina/Splitilicious**

## Agenda

Please note the order of activities is subject to change

DAY  
1

### FLIGHTS, ARRIVAL AND WELCOME

Upon arrival at Split International Airport, you will be collected and transferred to the comfortable and friendly Hotel Medena on the outskirts of Trogir.

Once you're all settled in and unpacked, we recommend you enjoy your first dip in the hotel's pool or take a short walk down to the Medena beach, where there are a handful of cafes and restaurants to dine at. As Croatia's just as sunny as its Mediterranean counterparts, we are sure you'll enjoy taking a dip in both in your downtime!

Please note that the order and timings of activities listed within the agenda is subject to change; your final itinerary will be provided to you on arrival. The activities may require an early start in the morning, with transfers to reach the starting points, but the experiences will be well worth it!

**Included Meals:** None

DAY  
2

### RAFTING ON THE CETINA RIVER

Following a delicious breakfast, you have a free morning to enjoy at leisure.

At 12.30, your transfer will pick you up ready for the afternoon adventure at Cetina River. As well as safety instructions and training on the rules of conduct in the raft, your guide will also provide you with a neoprene suit, a life jacket, a helmet, and a paddle.

You'll spend an exciting three hours rafting. It's a lovely river with plenty of excellent views for those relaxing moments when you are not negotiating the rapids.

Lunch is not included today, and we would recommend bringing snacks and water along with you. You will return to your hotel this evening at approximately 19.30

**Included Meals:** Breakfast



DAY  
3

## KRKA NATIONAL PARK DAY TOUR

Today will take you deep into the beautiful Krka national park.

Following breakfast, a transfer will be waiting for you at 09.30 to take you to the beautiful Krka National Park. The journey to the park is approximately 1.5 hours. On arrival, you will enjoy a walking tour to the beautiful Skradinski Buk waterfall, along forest pathways and wooden bridges, surrounded by diverse flora and fauna.

You will have free time at the waterfall, where you can explore and enjoy a picnic (we recommend bringing your own snacks along, and there is a small café near the waterfall too). After this, you will take a 30-minute boat cruise along the river to the town of Skradin. You will then be driven to the charming coastal town of Primosten, before returning to your hotel ahead of a free evening.

**Included Meals:** Breakfast

DAY  
4

## CANYONING EXPERIENCE

Stock up on a hearty breakfast this morning, ready for the day's adventures. Today, you and your family will be picked up at 08:00 from your hotel. Today you will experience an amazing series of canyons on a different section of the Cetina River, but one that is just as stunning. With tumbling waterfalls and beautiful emerald pools at their base, it is a fabulous place to explore, and you will be provided with a wetsuit, life jacket and helmet to navigate the canyons under expert supervision. Once you are all suited up and harnessed in, the adventures begin!

To make your way from the top of the canyon to its base, you will slide down natural water tunnels, pass through underground tunnels, and jump into the crystal-clear river pools carved out by thousands of years of running water. There's nothing like floating in softly ebbing pools to take a moment's breather and appreciate the stunning surroundings you find yourself in.

After a transfer back to your hotel, the afternoon is free to spend as you wish.

**Included Meals:** Breakfast

DAY  
5

## SEA KAYAKING &amp; SNORKELLING

This morning is filled with water-based fun for all of you and your family. Again following breakfast, your transfer will collect you at 08:00 for a morning of kayaking in Split. Paddle around Marjan Hill, where you can enjoy the backdrop of mountains and islands that

surround this beautiful part of the world.

Your expert guide will lead the way and you will make a stop to enjoy a secluded beach and try your hand at snorkelling in the crystal-clear waters. You will also have the opportunity to try cliff jumping if you're feeling daring! Full guidance and safety instructions will be given before the activity. You will be returned to your hotel after the activity and have the afternoon free to enjoy the pool and beach back at your hotel.

**Included Meals:** Breakfast

DAY  
6

## BLUE LAGOON BOAT TRIP

This morning following breakfast, you will be picked up from your hotel at 09.45 for an exciting day exploring Ciovo Island.

A thrilling speedboat ride will take you to the Blue Lagoon which sits between three islands and is home to vivid turquoise waters surrounding Krknjaši, where you can spend the afternoon snorkelling, paddling, or simply admiring some of Croatia's most astonishing views.

You'll have around 2 hours free time to enjoy the lagoon, before sailing back to Trogir. You will then be transferred back to your hotel.

**Included Meals:** Breakfast

DAY  
7

## FREE DAY

Today has been left free for you to do as you please. You could either have a day of rest at the hotel, enjoying the pool and beach, or perhaps take a taxi into Trogir to explore the Old Town and enjoy some fresh, local cuisine.

**Included Meals:** Breakfast

DAY  
8

## DEPARTURE

Unfortunately, it's time for your Croatian adventures to come to an end. Depending on your flight time, you'll either enjoy breakfast in the restaurant or it will be boxed up to take to the airport. You will then be transferred back to Split International Airport to chat about your memories on the flight home.

**Included Meals:** Breakfast

# Included Accommodation

Hotel Medena (Nights: 1-7)



The Medena Hotel, a local landmark, has plenty to do for children of all ages. With six tennis courts, football, handball and basketball courts, a mini-golf course, a trim track and even a boccia court, there's plenty to get the whole family active (and nicely worn out in time for bed)! There's also an outdoor swimming pool with both children-only and general areas, and a pebble beach two-hundred metres from the hotel.

Decorated in a traditional style, the hotel is 4km from the centre of Trogir. Taxis can easily be arranged at reception, with a journey time of around 10 minutes. There is also a water taxi service, which is often the transport of choice for guests, as it takes 20 minutes one-way and costs approximately 5 euros per person for a return journey; cheaper than by car and a unique way to travel.

The hotel's restaurant serves buffet food for breakfast, lunch, and dinner and there is a beach grill restaurant, an Aperitif bar, and a pizzeria within two hundred metres of the hotel. The hotel has a small supermarket, selling various travel necessities, as well as drinks, snacks and souvenirs

Hotel facilities:

- Swimming pool with children-only and general areas. Please note that the pool is accessed via a series of stairs.
- Public beach 200m away with a variety of stalls, restaurants and bars. Please note that the beach is accessed via a series of stairs.
- Various sports courts, including tennis, football, handball, basketball and boccia courts
- Live entertainment on certain evenings
- Mini-golf range
- Free Wi-Fi
- Cash machine (particularly useful for the beach stalls and restaurants)

## Guest room types

### Family room

Decorated in a traditional style, these recently renovated comfortable rooms have two twin beds, which can be pushed together into a double. There is also a sofa bed in the living room area, which can fit two children.

Facilities include ensuite bathroom, cable TV, hair dryers, a mini fridge, kettle and air conditioning.

## The Specifics

### Holiday group size (approximate)

Minimum 4 persons, maximum 30 persons (approximately)

**Please note:** this trip requires a minimum of 4 people to run

### Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

### Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

### Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

## Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

## Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>

**Please note: our payment and cancellation terms will be unique to each booking - they will be confirmed with you at the time of quotation. The terms listed above are noted as a guide only**