



Montenegro - Coast and National Park Adventure



HOLIDAY TYPE: Small Group
VISITING: Montenegro

BROCHURE CODE: 4017
DURATION: 7 nights

In Brief

A compact country of rich history, scenic beauty, and architectural delight, Montenegro's delights often fly under the radar, but we can think of few better places for a family activity holiday. You'll tackle canyon waters by raft, orienteer around lakes, kayak and snorkel in the sea, explore national parks by cable car and foot, and take on high ropes courses – all included in the holiday price!

Our Opinion

“ I had read various articles about Montenegro before travelling here but I was completely unprepared for how beautiful the scenery really is! The outdoor pool here is right on the bay offering some amazing views. Rino and Sanja your hosts for the week are incredibly welcoming and some of the best cooks I have come across anywhere! My return flight was cancelled during my visit here and I've never been more pleased to be stranded anywhere. ”

Amy Hope



What's included?

- **Transfers:** return group transfer to and from Tivat Airport and activity transfers (private airport transfers may incur a supplement)
- **Accommodation:** 7 nights' hotel accommodation in double/twin/triple rooms
- **Meals:** 7 breakfasts, 2 lunches (with activities), 5 dinners
- **The following activities are included in the price:** lazy beach day, Lovćen National Park and high ropes adventure, white water rafting, orienteering, Durmitor National Park and cable car ride, sea kayaking and snorkelling (order of activities subject to change)
- All equipment, tuition and supervision from fully qualified instructors
- Services of our local guides or representatives
- **A note on flights:** while flights are not included in the holiday price, our team will happily provide a quote and arrange them for you. Simply ask one of our Travel Experts for details of the available options

Trip Overview

Montenegro has only recently started to receive the kind of glowing publicity that we know it deserves. It is a land of exceptional landscapes which provide the backdrop to some incredible family experiences.

With its walled towns and vast dramatic mountains, a visit to Montenegro is like stepping into the past. It is a country that encapsulates an idyllic blend of Eastern and Western European cultures. Walking on streets over which Ancient Romans walked and swimming in waters once sailed by pirates. Children will feel like intrepid explorers and adults will no doubt be captivated by the sheer beauty of this tiny country.

All activities are included in the cost of your holiday, which starts and ends in the town of Kotor. With a rich history and Venetian influence, this is a delightful coastal base situated on the edge of a fjord. You will enjoy snorkelling, swimming and sea kayaking at the coast, as well as a thrilling high ropes course inland.

The many sandy beaches, warm climate and temperate waters make Kotor an ideal place for families and there are plenty of opportunities for you to swim in the sea, which is only a short walk from your hotel. In the town itself, you will be able to explore the winding cobbled streets and look around

the piazzas with their numerous churches, restaurants, and shops.

For a country that's about the size of Wales, Montenegro punches above its weight when it comes to scenery and national parks. With so much to see, you will relocate to the mountain town of Žabljak to enjoy the wonders and untouched nature of Durmitor National Park for two nights during your stay. Highlights include rafting through the Tara Canyon – the deepest river canyon in Europe – and orienteering around spectacular mountain lakes.

Image credits: Adventure Montenegro

Agenda

Please note the order of activities is subject to change

DAY
1

ARRIVAL AND WELCOME

Upon arrival, you will be greeted at the airport and transferred to your accommodation in Kotor. Your hotel is just a short walk from the scenic shoreline of the fjord and you may want to wander some of the beautifully scenic routes that take in this ancient town in your free time. After settling in, dinner will be held at one of the most popular local restaurants in the small town, offering your first taste of traditional Montenegrin cuisine.

Included Meals: Dinner

DAY
2

LAZY BEACH DAY

This first day in Montenegro has been designed to allow you to relax and enjoy your stunning new surroundings before the pace increases later on in the week.

You will spend today visiting some of the picturesque beaches around Kotor, enjoying time at each and having the chance to swim and snorkel in the clear waters with your family.

Included Meals: Breakfast, Dinner

DAY
3

LOVČEN NATIONAL PARK AND HIGH ROPES ADVENTURE

Today you will visit one of the most beautiful areas in Montenegro; the Lovćen National Park. One of your first stops is a monument which was built to honour one of the country's most popular rulers. Situated on a mountain peak, this is a truly jaw-dropping location and offers views across all of Montenegro's borders – a great spot for a family photo.

From here you will drive to a local restaurant to enjoy a traditional Montenegrin lunch.

After lunch, it is time for an adrenaline filled high ropes adventure in the tree tops. There are numerous courses to choose from and following instruction, you will set off on the most appropriate course for your ability. There are zip wires, climbs, rope ladders and many more obstacles to enjoy during your time at the park.

Included Meals: Breakfast, Lunch

DAY
4

WHITE-WATER RAFTING IN THE TARA CANYON

There will be an early start this morning as you temporarily relocate and head up to the small town of Zabljak, situated at 1450m, on Mount Durmitor. Zabljak is your base for the next two nights so you can enjoy all that this region has to offer. We can assure you that this area is well worth a visit as you will spend today and tomorrow exploring the Durmitor National Park, a UNESCO World Heritage Site.

The park offers a stunning natural landscape of carved limestone and is home to a varied range of mammals, as well as birds and butterflies, so there will be much wildlife for your children to keep an eye out for!

Your first activity is a thrilling white-water rafting experience. Upon arrival at the Tara River, you will be kitted out and the rafting fun begins. The river cuts right through the Tara Canyon making it a popular spot for rafting and it is easy to see why! This is Europe's deepest river canyon and the scenery is utterly spectacular.

Lunch will be served after your rafting trip and you will have the chance to explore the town of Zabljak.

Included Meals: Breakfast, Lunch

DAY
5

LAKESIDE ORIENTEERING

Today provides the chance to explore two of the most delightful areas of the Durmitor National Park – Black Lake and Snake Lake.

Black Lake is edged by mountains on one side and deep forests on the other, providing incredible scenery. You will follow the trail around the perimeter of the lake, weaving in and out of the forest paths and hopefully having the chance to spot some of the local flora and fauna.

You will then be challenged with the task of navigating to your next location; your guide will give you an introduction to orienteering before you test your skills and set off to find Snake Lake, deeper in the forest. The name "Snake Lake" is taken from the gnarled roots of the trees that surround the lake, which look like snakes slithering along the ground. It's an utterly stunning location with towering mountains and crystal clear waters; a great spot for a family adventure.

Included Meals: Breakfast, Dinner

DAY
6

DURMITOR NATIONAL PARK, SAVIN KUK PEAK CHAIRLIFT AND RETURN TO KOTOR

This morning, you will check out of your accommodation in Zabljak and enjoy a day exploring the scenery of the Durmitor National Park, before heading back to Kotor.

A short hike will give you access to some of the best vistas out across this dramatic landscape.

You will then enjoy a chairlift ride to the summit of Savin Kuk at a height of 2330m, a very enjoyable way to ascend a mountain. From the top, you should be able to see Black Lake below before you head back to Kotor.

You will have some free time in the town this afternoon before your evening meal.

Included Meals: Breakfast, Lunch

DAY
7

SEA KAYAKING AND SNORKELLING

Back at the coast and we may well have saved the best until last! You will be paired up in teams of two before it is time to kayak on the Fjord of Kotor. As you paddle along, your guide will highlight points of interest in the town and pass on some of the local legends. You will stop off at one the fjord's sandy beaches for swimming and snorkelling. The Bay of Kotor is a sheltered location which provides gentle sea conditions and more relaxed kayaking experience. You can expect to cover up to 6km/ 4 miles at a leisurely pace, it normally takes around 3 hours and throughout the tour you will have the chance to swim, snorkel and just stare around you at the bay's beauty!

This evening a farewell meal will be served at a local restaurant.

Included Meals: Breakfast, Dinner

DAY
8

DEPARTURE

Today you will be transferred back to the airport for your return flights home.

Included Meals: Breakfast

Accommodation Notes

Accommodation Notes

Please note: if travelling in July you will spend 5 nights in Hotel Marija 2 and 2 nights in Polar Star Apartments; if travelling in August you will spend 5 nights in Hotel Marija 1 and 2 nights in Hotel Ski

Included Accommodation

Other options are available - see below for details.

Hotel Marija 2 & Polar Star Apartments

Hotel Marija 2 (Nights: 1-3,6-7)



Your principal accommodation in Montenegro is in a small, family-owned hotel located approximately one mile from the centre of the old town of Kotor and just a short walk from the scenic shoreline of the Bay of Kotor.

There are excellent walking routes along the waterfront that will give you the opportunity to see some of the ancient sites of this historical region of Montenegro, as well as the natural wonders of the fjord.

The staff at the hotel are extremely friendly and helpful and will do all that they can to make your family's stay an enjoyable one.

Hotel facilities

- The small restaurant at the hotel serves a simple but tasty buffet breakfast of primarily continental options
- Tea and coffee are available in the lobby
- An outdoor terrace offers the perfect spot to relax and offers views of Mount Lovćen and the bay. Indoors, families can also make use of the bar and lounge area
- Free Wi-Fi is available throughout the hotel
- Only a short walk from the hotel there is a decking area with sunbeds and an outdoor bar. From here it is possible to take a cooling swim in the clear waters of the bay

Double or triple rooms

The hotel has 18 spacious double and triple rooms (one double bed and one single), which are all en-suite. Every room has its own balcony area with many of them overlooking the fjord. All rooms have air-conditioning, satellite TV, a telephone, hairdryer and a mini-bar/fridge.

Polar Star Apartments (Nights: 4-5)



Midway through your holiday your family will be taken to the region of Zabljak where you will stay around 4km outside of the town in the Hotel Polar Star. Situated in the impressive Durmitor mountain region and on the border of two UNESCO-protected national parks, the hotel sits in a stunning location.

This modern 3-star hotel offers a wonderful base during your time in the National Park, both for exploring on foot and for some world class white-water rafting on the Tara River (the second deepest canyon in the world).

Hotel facilities

- The welcoming restaurant serves a range of local specialities giving you the chance to sample some delicious Montenegrin cuisine
- The hotel has a cosy lounge area which can be enjoyed with your family in the evening and an outdoor sun terrace for post-activity drinks
- There is a spa area with sauna and steam bath (payable locally) which is ideal for relaxing after an exciting day's adventure with your family
- There is also a playroom and playground for children to enjoy
- Free Wi-Fi is available in the main public areas

Double or twin rooms

Each of the modern and comfortable rooms has one double or two single beds and is equipped with an en-suite bathroom or shower room, TV and hairdryer.

Hotel Marija 1 & Hotel Ski

Hotel Marija 1 (Nights: 1-3,6-7)



For those travelling in August, your accommodation will be the wonderfully central Hotel Marija 1.

Located in the old town of Kotor, a Unesco Heritage Site, this traditional stone-built hotel gives you easy access to many different attractions including the stunning waterfront of Kotor Bay, the Cathedral of Saint Tryphon and many different restaurants in the bustling city centre.

Hotel Facilities

- Watch the world go by from the hotel's outdoor dining area
- Keep in touch with loved ones with the hotel's free Wi-Fi
- Walk to the Bay of Kotor - just 100 yards away for incredible views of the mountains and out to sea

DOUBLE, TRIPLE OR FAMILY ROOMS: the hotel features 17 rooms to suit different group sizes - from single and double rooms to triple rooms (one large double bed and one single bed) and a family room (two single beds and one extra-large double bed or two large double beds).

All rooms are ensuite and come with air conditioning, TV, hairdryer and minibar and are decorated with an oak wood finish.

Image credits: Hotel Marija 1

Hotel Ski (Nights: 4-5)



For those travelling in August, your Zabljak accommodation will be the modern and family-friendly Hotel Ski. Situated at the bottom of Mount Durmitor and with extensive views of the National Park, you will be right in the heart of pristine nature.

The park, a UNESCO World Heritage Site, is an incredibly-stunning natural landscape where you will get to experience white-water rafting, lakeside orienteering and hiking.

Hotel Facilities

- Enjoy a mix of traditional Montenegrin and international cuisine in the welcoming hotel restaurant
- Unwind in the wellness centre, complete with indoor swimming pool, gym, sauna and massage facilities
- Relax on the terrace area with breathtaking views of the surrounding mountains
- Free WiFi is available throughout the hotel

Room types

Double and twin rooms or suites: The hotel offers 17 rooms, from double and twin rooms to a junior suite (one sofa bed and one large double bed) and a family suite (two single beds and two large double beds).

The rooms are modern, spacious and all ensuite. Each room comes equipped with a TV, minibar, hairdryer and some come with a seating area and mountain views.

Other accommodation options

Contact us for a personalised quote.

Hotel Splendido



For your time in Kotor, you may wish to upgrade to the Hotel Splendido.

Located in the small town of Prcanj on the stunning Bay of Kotor, you will be completely immersed in the breathtaking natural scenery. The hotel is a former palace and ideally situated near the old town of Kotor.

Hotel Facilities

- Take a dip in the outdoor pool with incredible views
- Relax on the private beach area
- Sample the delicious food in the hotel's Italian restaurant and sit inside the air-conditioned dining room or outside on the terrace
- Enjoy free Wi-Fi in the hotel

DOUBLE OR TWIN ROOMS: all rooms are furnished traditionally modern style with air-conditioning, satellite TV, phone and internet access (wired).

Please speak to one of our Family Travel Experts for a quotation.

The Specifics

Holiday group size (approximate)

Minimum 4 and maximum 16 persons (approximately)

Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group

Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>