



Active Lake District



HOLIDAY TYPE: Small Group
VISITING: UK

BROCHURE CODE: 4001
DURATION: 6 nights

In Brief

Enjoy England's spectacular Lake District during our flexible family activity holiday choosing as many or as few of the activities as you like. The activities include the chance to climb, scramble, canoe, hike and abseil your way to making the most of this delightful location. During your free time, you can explore the charming and friendly town of Keswick from your central country house hotel.

Our Opinion

“ Growing up just outside Keswick means I am the resident expert in the office for the Lake District. There are lots of activity providers in this area but I have never come across any as professional, enthusiastic or specialised as our partners here. They seem to manage the right balance between encouraging and challenging every family who visit them, in order to ensure everyone comes away feeling like they have achieved something special. ”

Amy Hope



What's included?

- This is a self-drive holiday*
- Transfers to and from activities are all included
- **Accommodation:** 6 nights' hotel accommodation in a standard double/twin room
- **Meals:** 6 breakfasts, 4 lunches (with activities), 2 dinners
- **Choose from the following activities (price varies depending on the number of activities chosen):** Exploration hike, Derwentwater and ghyll scrambling, climbing and abseiling, the Borrowdale Challenge (**order of activities is subject to change**)
- All equipment, tuition and supervision from fully qualified instructors

* **Please note:** As you will not require your own vehicle once in the area, we can provide you with local taxi details, so that you can arrange your own transfers from Penrith train station to the hotel, should you choose to arrive by train. Please speak to our Travel Experts for further information.

Trip Overview

The Lake District is undeniably one of the most beautiful regions in England, with its glistening lakes and towering fells providing an exceptional setting for a family activity holiday.

The activities available during this holiday are based around the picturesque Borrowdale Valley and 'The Queen of the English Lakes'; Derwentwater and your family can pick and choose how many to take part in during your holiday (we recommend them all of course!). If you take part in the full experience then your family will walk, climb, scramble, abseil, canoe and sail around this open-air adventure playground accompanied by some of the best guides in the business. These are always hugely popular activities with families, allowing children to be challenged whilst also having a great deal of fun!

Your country house hotel accommodation is ideally situated in the charming market town of Keswick. The town is full of traditional Lake District appeal with its delightful mix of independent shops, outdoor equipment stores, cafés and cosy traditional hikers' pubs. We highly recommend wandering around the town centre during any free time, especially visiting the local farmers' market on Thursday! It is not far from here to the stunning valley which forms the starting point for your activities.

This is a self-drive activity holiday but if you would prefer not to drive and take a scenic train route to Penrith train station, we can provide you with local taxi details, so that you can arrange your own transfers. Please call our Travel Experts for further information.

Image credits: Jay & Lily Collier (clients), Glaramara, Platty+

Agenda

Please note the order of activities is subject to change

DAY
1

ARRIVAL AND WELCOME

Upon arrival in the beautifully scenic Lake District, you will be able to check into your accommodation at the Keswick Country House Hotel from around 2pm onwards (approximate timing), allowing you the chance to settle in and explore. This evening a welcome meeting will be held with your guide to discuss the week's programme. This will be followed by a delicious welcome dinner in the hotel restaurant.

Included Meals: Dinner

DAY
2

EXPLORATION HIKE

After a hearty breakfast, you will be picked up to spend a day exploring one of the Lakeland Mountains. Your guide will discuss the local scenery and wildlife and, depending on the route, it may include visits to caves and mines which can be found throughout the region. There will be games along the way to allow the group the chance to get to know one another and for the children to make friends. There is no better introduction to The Lakes than this, as the guides here are all local experts. A picnic lunch is included today.

Included Meals: Breakfast, Lunch

DAY
3

WATER SPORTS AND GHYLL SCRAMBLING

This morning will be spent on Derwentwater, known as the 'Queen of the English Lakes'. There will be a range of water based activities for you to experience, including Canadian canoeing and dinghy sailing. Whether you have tried these activities before or are a complete beginner, our instructors will be on hand to ensure you have as much fun as possible and everyone gets the most from the experience.

After a picnic lunch, you will head off to enjoy some ghyll scrambling. Beginning at Stonycroft Ghyll,

with the guidance of the instructor, you will make your way downstream with a series of jumps, slides and scrambles; often swimming or wading through the deeper water. This is a brilliant adventure for families!

Included Meals: Breakfast, Lunch

DAY
4

FREE DAY

Today your family will have the opportunity to explore at your own pace. You may like to enjoy a stroll around the numerous attractions of Keswick, an independent hike up one of the nearby fells or perhaps an additional local activity (bookable and payable locally).

One of the most popular options for families with older children is the Via Ferrata at Honister Slate Mine. A series of ladders and rungs are installed into the rock face around the mine and allow inexperienced climbers access to areas they would otherwise be unable to reach. There are some real adrenaline rushes to be had and some fantastic views can be seen from the top of the route. The activity lasts approximately two hours and the price includes transfers to and from the activity. Please see the 'Personalise' section for full details or speak to one of our Travel Experts.

Included Meals: Breakfast

DAY
5

CLIMBING AND ABSEILING

Following a full safety briefing, the group and your guide will head to a local rock face to enjoy a full day of climbing and abseiling. If the weather is unsuitable we will arrange for you to visit the renowned indoor Keswick climbing wall as an alternative. A picnic lunch is included today.

Included Meals: Breakfast, Lunch

DAY
6

BORROWDALE CHALLENGE

The perfect competition to end your week in the Lake District! This fun-filled family day is packed with games, activities and challenges including archery, raft building, problem-solving and orienteering. A great way to round off the activity week on a high... especially if your family wins! A picnic lunch is included today.

Included Meals: Breakfast, Lunch, Dinner

DAY
7

DEPARTURE

Today you will return home or we can also arrange for you to extend your stay in the Lake District.

Included Meals: Breakfast

Personalise this tour

Our pick



Honister Slate Mine - Via Ferrata

This is the perfect option to fill your free day with adventure at a height and is great for families with older children. Honister Slate Mine's 'Via Ferrata Xtreme' makes for an excellent introduction to climbing. This mountainside 'iron road' of rungs and ladders allows beginner climbers to safely scale incredible heights and take in some spectacular views.

Please note that there is a minimum height of 1.3m and a minimum age of 10 years old for this activity

Duration: half day

Please speak to our Travel Experts for a quotation.

Included Accommodation

Keswick Country House Hotel (Nights: 1-6)



Speak to us on 01670 789 991
bookings@activitiesabroad.com



The Keswick Country House Hotel is an elegant Victorian building beautifully situated within four acres of award-winning gardens, offering a welcoming family-friendly base for your adventure in the lakes. The staff members here are extremely friendly and welcoming and will be sure to make your stay an enjoyable one.

Its ideal location on the outskirts of the charming town of Keswick means families have the freedom to explore on foot and enjoy a multitude of popular visitor attractions, walking trails and independent shops, restaurants and cafés. You can wander down to Derwentwater with relative ease and enjoy a dip in the lake if you wish.

Hotel facilities

- One of our favourite things about this hotel is the restaurant - it offers a tasty and varied evening menu with something to suit everyone and a focus on local produce. We can arrange half board for you for your stay should you wish. There are also many good restaurants in the town itself
- Free Wi-Fi in public areas
- Guests can park here free of charge
- Families can enjoy walking trails and croquet on the surrounding lawns and gardens

Room type

Double and twin rooms: the hotel has 74 bedrooms in total. These are all en-suite with TV, radio, hairdryer and tea and coffee making facilities. The rooms can also accommodate an extra bed if needed. They are all comfortably furnished.

Some of the guest rooms are situated in an annexe building a very short walk from the main hotel.

©Keswick Country House Hotel

The Specifics

Holiday group size (approximate)

Minimum group size of 4 people and maximum 24 (approximately)

Group Size

We always try to provide an approximation of the group size you can expect to be with for the

duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>