



Tenerife - Active Family Adventure



HOLIDAY TYPE: Small Group
VISITING:

BROCHURE CODE: 4004
DURATION: 7 nights

In Brief

For families who want more than a typical sun holiday, this trip to Tenerife ticks all the adventurous boxes. You'll explore the very best of the island's varying terrain in many different ways; from snorkelling off the coast of relaxing beaches to hiking across volcanic plains.

Our Opinion

“Tenerife is an impressive volcanic island with infinite opportunities to satisfy ever travellers dreams! With epic adventures both on the land and the water, this is your chance to experience an adventurous side to this summer haven!”

Graham Hughes



What's included?

- **Transfers:** return group airport transfers and transfers to and from activities
- **Accommodation:** 7 nights hotel accommodation (see '[Accommodation](#)' section for your choice of hotel)
- **Meals:** 7 breakfasts, 5 lunches, 1 dinner
- **The following activities are included in the holiday:** short walk around Puerto de la Cruz, kayaking, whale watching, snorkelling and stand-up paddleboarding, zip-lining and Teide cable car and a short hike
- Fully qualified guides and instructors during activities

Trip Overview

It's no secret that Tenerife is a sought-after summer holiday destination for a family holiday. What has been kept under wraps, however, is the plethora of unbelievable family activities on offer here.

During this week-long break, you'll experience the adventurous side of Tenerife. Spend time on the water paddleboarding off calm bays as well as kayaking to get up close to the 'cliffs of the giant'. You will also discover the magical underwater world when you go snorkelling, and there is even more marine life to see during a whale and dolphin watching trip!

The fun doesn't stop there. At the Unesco-listed Teide National Park, you'll take a cable car up Mount Teide - the highest volcano in Spain - where you will also have the chance to hike across the moon-like landscape to different scenic viewpoints. Then, it's on to the astounding rock formations of Los Roques De Garcia and finally, your land-based activities also include a thrilling treetop experience where you will tackle obstacles, climb ropes and zip-line through the forest!

During each activity, you will be accompanied by an expert local guide whose passion is to show you the very best of the island. You'll gain even more insider knowledge of Tenerife during your final night for an 'eat like a local' experience in a guachinche - a typical Canary Island restaurant.

Forget what you think you know about Tenerife. Let us take you on a family adventure where sun, sea and sandy beaches are just the starting point to a wonderful activity week of creating precious memories.

Image Credits: Turismo de Tenerife, Xwander

Agenda

Please note the order of activities is subject to change

DAY
1

ARRIVAL AND WELCOME

Welcome to Tenerife! Upon arrival at the airport, you will be met and transferred to your hotel approximately an hour away.

Check in and settle in for the rest of the day.

Included Meals: None

DAY
2

PUERTO DE LA CRUZ WALK AND WELCOME LUNCH

After breakfast, your guide will pick you up from your hotel for a nice walk around Puerto de la Cruz, so you and your family can get to know the local area. The short walk will take you to the old town, around the city centre and to the harbour. Afterwards, you will enjoy a welcome lunch in a local restaurant.

In total, this activity will last around two and a half hours including lunch and you will have some free time in the afternoon.

Included Meals: Breakfast, Lunch

DAY
3

KAYAKING TO LOS GIGANTES AND WHALE WATCHING

Following breakfast, you will travel to Los Gigantes where you will take a family kayak trip to see these impressive walls, known as the 'cliffs of the giant'.

These huge structures tower up to 800m high and are almost a vertical drop into the sea. The best way to see these incredible walls is by kayak. Your local guide will show you and the family all the techniques needed to paddle out to get one of the best vantage points of the walls of Los Gigantes. You will usually travel two per kayak but small children may wish to sit in the middle as a three. There will be stops along the way with possibilities to do some snorkelling.

Following lunch in a local restaurant, it is time to get out on the water again, but this time in search of the different marine life found in Tenerife's waters.

You and the family will be keeping an eye out for bottlenose dolphins and pilot whales who live here

year-round. You may see other species such as sea turtles too! You'll also travel to a secluded cove and have some time for a swim.

You will be out and about the whole day (approximately 9 hours in total including transfers and lunch).

Please note: depending on the group size there might be other guests on board during the whale watching today.

Included Meals: Breakfast, Lunch

DAY
4

FREE DAY

Today has been left completely free for you to enjoy together as a family as you please.

Included Meals: Breakfast

DAY
5

SNORKELLING AND STAND UP PADDLEBOARDING

Today, you'll make the most of the wonderful surrounding Atlantic Ocean when you snorkel and paddleboard off Radazul beach.

First, you will enjoy breakfast in the hotel before the short transfer (approximately 30 minutes) to Radazul beach. With two black sandy beaches sheltered by a breakwater, this is a calm swimming area that is perfect for discovering the underwater world via snorkelling. It also makes for brilliant conditions for trying stand up paddleboarding.

Your local guide will accompany your family during both activities to help you spot all the colourful marine life as you snorkel and to teach you all the techniques needed for paddleboarding.

You'll break for a relaxing picnic lunch on the beach in between these fun watersports before returning to the hotel this afternoon for a free evening. You'll be out for around five hours in total including transfers and lunch.

Included Meals: Breakfast, Lunch

DAY
6

ZIP LINING IN FORESTAL PARQUE

Fill up on breakfast ahead of your adventurous day in the treetops.

Following a transfer to the gates of Teide National Park at the Forestal Parque, you will meet with your expert local guides who will get you harnessed and ready to go. From here, it's time for the family to climb up walls and rope ladders, take on high rope obstacles, leap from Tarzan swings and fly down giant ziplines!

After your exciting morning, you will stop at a local restaurant for some lunch before being transferred back to the hotel. You'll be out for around six hours in total including transfers and lunch.

Included Meals: Breakfast, Lunch

DAY
7

TEIDE CABLE CAR AND ROQUES DE GARCIA TOUR AND FAREWELL DINNER

Following breakfast, you will catch the early cable car up to Teide to avoid the crowds.

The incredible views start with your transfer as you drive through the pine forests of Corona Forestal to reach the otherworldly landscape of the UNESCO-listed Teide National Park. Upon arrival, you will take the lower cable car situated on the slopes of Mount Teide - the third tallest volcano in the world! This 8-minute journey to the upper station boasts stunning views as you make your way 3555m above sea level.

At the top, there is the option to do a short hike up to other viewpoints (approximately 2.5 km in total) on this moon-like landscape which can be reached in thirty minutes or you and the family can simply enjoy the scenes from here.

After your time at Teide, you will then travel to the Las Cañadas caldera to see the unusual rock formations known as Los Roques de Garcia. You will have time to take some photos during a short, guided walk (approximately 1.5 km) and enjoy a picnic lunch before your transfer back to the hotel. You will be out for around six hours in total including transfers and lunch.

For your farewell dinner tonight, your guide will take you to a typical Canary Island restaurant (a guachinche) to enjoy sunset views and delicious local cuisine. The transfer time is approximately half an hour one way.

Included Meals: Breakfast, Lunch, Dinner

DAY
8

DEPARTURE

Today it is, unfortunately, time for your family adventure in Tenerife to come to an end. Following breakfast, we will transfer you to the airport for your return flights home. If you have an early flight time, we'll box up breakfast for you to take with you.

Included Meals: Breakfast

Included Accommodation

Other options are available - see below for details.

Parque Vacacional Eden (Nights: 1-7)



Situated on a peaceful hillside in Northern Tenerife and overlooking the coastal town of Puerto de la Cruz, is the family-friendly Parque Vacacional Eden. Relax in your spacious and modern room after a day of adventure around the island or walk to the beach or town, just 15 minutes away.

Hotel facilities:

- Enjoy the surrounding tropical gardens with tennis, mini-golf, ping pong and many other outdoor activities available
- Cool off in the three outdoor swimming pools as well as a separate kids' pool
- Discuss the day's adventures in the restaurant or adjoining bar and cafe

Room types:

Superior Studio sleeps 4: The bright studios, complete with double bed (two twin beds pushed together) and sofa bed, are a spacious place to retire to after a day of fun-filled activities. With modern decor and amenities, you will have everything you need in one place including satellite TV, kitchenette, balcony and bathroom with shower and hairdryer.

For large families, you can upgrade to the apartment with a separate bedroom or combined apartment and studio. Please talk to our Family Travel Experts at the time of booking if you would like to upgrade.

Other accommodation options

Contact us for a personalised quote.

DWO Nopal



NIGHTS: 1-7

Located a stone's throw from Tenerife's Northern coastline, DWO Nopal Hotel is nestled in the town Puerto de la Cruz. Take a moment to relax on the terrace or enjoy a dip in the rooftop pool with panoramic views of the surrounding area. This hotel offers boutique charm and is a great base for your week of activities.

Hotel facilities:

- A relaxing rooftop terrace where you can soak up the atmosphere of the Lounge Bar, with spectacular views of Mount Teide
- Stylish and comfortable rooms which were completely renovated in 2019
- Outdoor rooftop pool for all of the family to enjoy

Room types:

Standard room: Bright, airy and modern, these ensuite rooms are equipped with air conditioning, a television, mini-fridge and complimentary Wi-Fi. Double, triple and quadruple rooms are available.

The Specifics

Holiday group size (approximate)

Minimum 4 people and maximum 28 (approximately)

Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such

as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>