



## Tenerife - Active Family Adventure



**HOLIDAY TYPE:** Small Group  
**VISITING:** Spain

**BROCHURE CODE:** 4004  
**DURATION:** 7 nights

### In Brief

For families who want more than a typical sun holiday, this trip to Tenerife ticks all the adventurous boxes. You'll explore the very best of the island's varying terrain in many different ways; from snorkelling off the coast of relaxing beaches to hiking across volcanic plains.

### Our Opinion

“Tenerife is an impressive volcanic island with infinite opportunities to satisfy ever travellers dreams! With epic adventures both on the land and the water, this is your chance to experience an adventurous side to this summer haven!”

Graham Hughes



## What's included?

- **Transfers:** return group airport transfers and transfers to and from activities
- **Accommodation:** 7 nights hotel accommodation (see '[Accommodation](#)' section for your choice of hotel)
- **Meals:** 7 breakfasts and 3 lunches (an additional picnic lunch is included if you opt for Forestel Park on Day 7)
- **The following activities are included in the holiday:** a short walk around Puerto de la Cruz, Mount Teide sunset & stargazing, whale watching boat trip, snorkelling, Anaga Rainforest hike and choice of water or forest park
- Fully qualified guides and instructors during activities

## Trip Overview

Tenerife is well known as a sun-soaked summer holiday hotspot, but beyond its inviting beaches and warm turquoise waters lies an island bursting with adventure just waiting to be explored. This week-long activity holiday is designed to show you and your family a whole new side to Tenerife—one filled with unforgettable experiences, natural beauty, and memories to last a lifetime.

Your adventure begins with a spectacular evening of sunset and stargazing at Mount Teide, Spain's highest peak. As the sun dips below the horizon, the sky is set ablaze with hues of orange, pink, and indigo. With minimal light pollution, this is one of the world's best stargazing locations, and your expert guide will help you navigate the constellations twinkling above.

Next, step into the heart of Tenerife's untouched wilderness with a guided exploration of the Anaga Rainforest. This ancient, emerald-green wonderland is a UNESCO Biosphere Reserve and home to fairytale-like misty trails, towering laurel trees, and hidden valleys that feel like stepping into another world.

The ocean also holds plenty of treasures, and you'll get to experience them up close with an incredible morning of snorkelling in the Atlantic. Dive into crystal-clear waters teeming with marine life, where vibrant fish dart between volcanic rock formations, and if you're lucky, you might even spot a friendly sea turtle gliding by.

Of course, no trip to Tenerife would be complete without encountering its most famous marine residents - whales and dolphins. Board a comfortable boat and set sail on a wildlife-watching excursion, where you'll have the chance to see playful pods of dolphins dancing in the waves and majestic pilot whales gliding through the water.

And for the ultimate family thrill? Brace yourselves for a day of excitement at Siam Park, one of the world's most spectacular water parks! Whether you're racing down gravity-defying slides, floating through the lazy river, or watching the enormous wave pool crash onto the sandy beach, this will be a day filled with laughter and adrenaline-fueled fun.

If water parks aren't your thing, take a scenic drive through Tenerife's native pine forests for an unforgettable morning at Forestal Park instead. Here, the adventure begins with a fun initiation circuit, where you'll learn the ropes - literally! Once you've got the hang of it, the real excitement begins as you take on a range of thrilling high ropes challenges and ziplines, including the park's jaw-dropping 230-metre-long zipline, guaranteed to get your heart racing. After an action-packed morning swinging, climbing, and soaring through the treetops, you'll unwind with a well-earned picnic lunch, surrounded by the peaceful sights and sounds of the forest. The perfect mix of adrenaline and relaxation in Tenerife's great outdoors!

Throughout your adventure, you'll be accompanied by knowledgeable local guides whose passion for their island is infectious. They'll ensure you experience the very best of Tenerife, sharing fascinating stories, hidden gems, and expert insights along the way. So, forget what you thought you knew about Tenerife. This is more than just a beach holiday - it's a family adventure bursting with discovery, excitement, and moments you'll treasure forever.

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Image Credits: Turismo de Tenerife

## Agenda

Please note the order of activities is subject to change

DAY  
1

ARRIVAL AND WELCOME

Welcome to Tenerife! Upon arrival at the airport, you will be met and transferred to your hotel approximately an hour away.

Check in and settle in for the rest of the day.

**Included Meals:** None

DAY  
2

PUERTO DE LA CRUZ WALK AND WELCOME LUNCH

After breakfast, your guide will pick you up from your hotel for a nice walk around Puerto de la Cruz, so you and your family can get to know the local area. The short walk will take you to the old town, around the city centre and to the harbour. Afterwards, you will enjoy a welcome lunch in a local restaurant.

In total, this activity will last around two and a half hours including lunch and you will have some free time in the afternoon.

**Included Meals:** Breakfast, Lunch

DAY  
3

### SUNSET AND STARGAZING

Following breakfast in the hotel, you have a free morning to explore.

This afternoon, you'll head to Mount Teide – the third tallest volcano in the world! Tenerife is known for its bright, clear skies, but its colourful sunsets and starry night skies are on a different level of spectacular.

The incredible views start with your transfer as you drive through the pine forests of Corona Forestal to reach the otherworldly landscape of the UNESCO listed Teide National Park.

Passing through the historical centre of Orotava and emerging above the treeline, you'll be above a vast sea of clouds. Along the way, you'll stop to see the highlights and landmarks of this captivating landscape and enjoy scenic viewpoints.

After sundown, the adventure continues underneath the night sky. You'll head to a prime location for a spot of stargazing and enjoy hot drinks as you watch. On a clear night, you'll be able to see the Milky Way!

**Included Meals:** Breakfast

DAY  
4

### FREE DAY

Today has been left completely free for you to enjoy together as a family as you please.

**Included Meals:** Breakfast

DAY  
5

### BOAT TOUR AND WHALE WATCHING

Following breakfast, you will travel to Las Americas where you will board your boat and head out onto the water for the day.

You and the family will be keeping an eye out for bottlenose dolphins and pilot whales who

live here year-round. You may see other species such as sea turtles too! You'll also travel to a secluded cove and have some time for a swim.

Lunch will be served on board before the coastal cruise back to Las Americas for a free evening.

**Included Meals:** Breakfast, Lunch

DAY  
6

## SEA AND RAINFOREST

Today, following breakfast, you will take a transfer (approximately 50 minutes) to Radazul beach for a fun filled morning in the water. With two black sandy beaches sheltered by a breakwater and crystal clear water, this is a calm swimming area that is perfect for discovering the underwater world via snorkelling.

Your local guide will give a short safety briefing and will accompany your family to help you spot all the colourful marine life as you snorkel. After the tour, there will be time for more snorkelling or to relax on the beach.

Following your morning in the Atlantic Ocean, you'll visit Anaga Rainforest for a short hike before breaking for lunch at a typical Canary Island restaurant (known as Guanchinche).

You'll return to the hotel this afternoon for a free evening.

**Included Meals:** Breakfast, Lunch

DAY  
7

## WATER OR FOREST PARK

Fill up on breakfast ahead of your adventurous day at either the water park or forest park.

The famous Siam Park boasts thrilling attractions, serene landscapes and architectural wonders. From the relaxing lazy river to the adrenaline surging rapids to the Lost City water playground, the water park offers fun for all the family. The attractions range from meandering rivers and waterfalls, amid tropical fish, to exhilarating free-fall slides. Furthermore, a sand beach with real waves, floating markets, sea lion shows. There is plenty to keep all ages entertained!

If you prefer forest thrills to water spills, then Forestal Park is calling. Located in Tenerife's native pine forest, this high ropes adventure promises an action-packed morning of swinging, climbing, and ziplining through the trees—including an exhilarating 230-metre zipline ride! After an adrenaline-fueled adventure, you'll enjoy a relaxing picnic lunch, surrounded by the sights and sounds of nature.

As the sun begins to set on your Tenerife adventure, your final evening is yours to enjoy at your own pace. Why not visit a traditional Canarian restaurant, soak in the breathtaking sunset views, and savour delicious local cuisine—the perfect way to round off an unforgettable family getaway.

**Included Meals:** Breakfast

DAY  
8

DEPARTURE

Today it is, unfortunately, time for your family adventure in Tenerife to come to an end. Following breakfast, we will transfer you to the airport for your return flights home. If you have an early flight time, we'll box up breakfast for you to take with you.

**Included Meals:** Breakfast

## Included Accommodation

Other options are available - see below for details.

Parque Vacacional Eden (Nights: 1-7)



Situated on a peaceful hillside in Northern Tenerife and overlooking the coastal town of Puerto de la Cruz, is the family-friendly Parque Vacacional Eden. Relax in your spacious and modern room after a day of adventure around the island or walk to the beach or town, just 15 minutes away.

## Hotel facilities:

- Enjoy the surrounding tropical gardens with tennis, mini-golf, ping pong and many other outdoor activities available
- Cool off in the three outdoor swimming pools as well as a separate kids' pool
- Discuss the day's adventures in the restaurant or adjoining bar and cafe

## Room types:

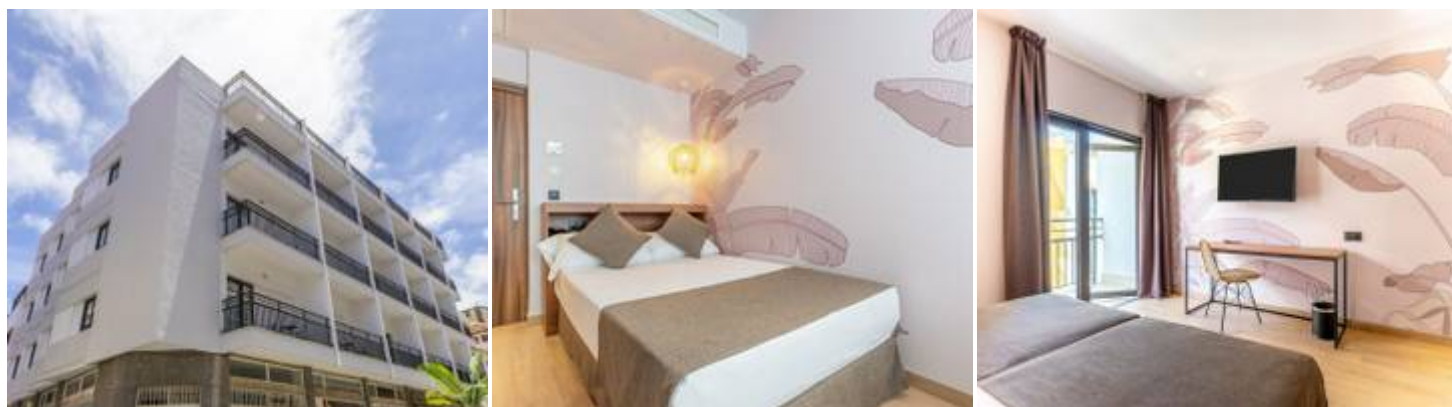
**Superior Studio sleeps 4:** The bright studios, complete with double bed (two twin beds pushed together) and sofa bed, are a spacious place to retire to after a day of fun-filled activities. With modern decor and amenities, you will have everything you need in one place including satellite TV, kitchenette, balcony and bathroom with shower and hairdryer.

For large families, you can upgrade to the apartment with a separate bedroom or combined apartment and studio. Please talk to our Family Travel Experts at the time of booking if you would like to upgrade.

## Other accommodation options

Contact us for a personalised quote.

### DWO Nopal



#### NIGHTS: 1-7

Located a stone's throw from Tenerife's Northern coastline, DWO Nopal Hotel is nestled in the town Puerto de la Cruz. Take a moment to relax on the terrace or enjoy a dip in the rooftop pool with panoramic views of the surrounding area. This hotel offers boutique charm and is a great base for your week of activities.

### Hotel facilities:

- A relaxing rooftop terrace where you can soak up the atmosphere of the Lounge Bar, with spectacular views of Mount Teide
- Stylish and comfortable rooms which were completely renovated in 2019
- Outdoor rooftop pool for all of the family to enjoy

### Room types:

**Standard room:** Bright, airy and modern, these ensuite rooms are equipped with air conditioning, a television, mini-fridge and complimentary Wi-Fi. Double, triple and quadruple rooms are available.

## The Specifics

### Holiday group size (approximate)

Minimum 4 people and maximum 28 (approximately)

### Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

### Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the 'Group Size' section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

### Minimum and maximum age

The minimum age for this holiday can be found in the 'Key Facts' section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

### Itinerary amendments

The order of activities listed in this agenda is provided for guidance only, your final and detailed itinerary will be provided either with your final travel documents (which are uploaded into your online account around a week prior to departure) or upon arrival.

## Terms and Conditions

Our full booking terms and conditions can be found on our website: <https://www.activitiesabroad.com/booking-conditions>

**Please note: our payment and cancellation terms will be unique to each booking - they will be confirmed with you at the time of quotation. The terms listed above are noted as a guide only**