Spain - Pyrenean Family Adventure

HOLIDAY TYPE: Small Group
VISITING: Spain

BROCHURE CODE: 4003
DURATION: 7 nights

“Since we started, I've loved watching my kids enjoy our holidays and, seeing their confidence and abilities grow year after year, has been immensely rewarding. I hear the same thing from other parents and it makes me proud to know that our holidays are not only great but developmental too.”

Ali Mclean
Key Facts

Key Facts:
Saturday departure

Suitable for:
Children aged 8 years and over (younger children may join the holiday, but may not be able to participate in all the activities). Please see terms for details.

In Brief
Always one of our most popular family destinations, our holiday in the Catalan Pyrenees offers a thrilling array of things to do with a flexible activity itinerary: we offer an assortment and you simply choose the number of activities you would like to do. In this mountainous region of Northern Spain, you can look forward to white water rafting, mountain biking, canyoning and kayaking down the region’s rivers, and riding and hiking through the stunning mountain scenery.

Our Opinion

“The Catalan Pyrenees is always very popular and I have complete confidence in Martin and his team here in Sort. I have now brought my own family here three times and the children are still talking about it. The combination of the almost guaranteed sunshine, wonderful activities, family-friendly hotel and bustling traditional town has something to offer every family!”

Ali Mclean
What's included?

- Flights: Return direct flights from London to Barcelona. Regional departures may be available on request. Flight routes subject to change
- Transfers: Group airport and activity transfers (private airport transfers will incur a supplement)
- Accommodation: 7 nights' apartment accommodation
- Meals: 7 breakfast, 2 lunches (with activities) and 2 dinners
- Choose from the following activities (price varies depending on the number of activities chosen): Jeep tour and hike in a national park, white-water rafting, canyoning, mountain biking or horse riding, open kayaking (order subject to change)
- All equipment, tuition and supervision from fully qualified instructors

Trip Overview

The Catalan Pyrenees has quite rightly become a much sought-after family activity paradise during the summer months – it’s an area which receives around 300 days of sunshine a year! We have worked here with a fantastic team for over a decade and think we have a pretty super holiday programme. Our flexible activity format lets you pick the activities you would like to take part in. Book all five activities and you'll spend the stay canyoning, white-water rafting, hiking, and open-kayaking. You will also have a choice between mountain biking or horse riding.

Your holiday base here is the town of Sort, a place which remains largely undiscovered outside of Spain. You will find that many Spanish holidaymakers take the journey here to enjoy the activities, stunning scenery and great culture and that can be found in this vibrant town. The annual fiesta takes place towards the end of July and is an added bonus for families who happen to be visiting.

Sort is the capital of the Pallars Sobirà region of Catalonia. The people here are extremely proud of their Catalan culture and this is reflected particularly in their cuisine – there is a wide range of restaurants in the town of Sort, ranging from fine dining to
traditional tapas and grill options.

Agenda

Please note the order of activities is subject to change

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<th>DAY</th>
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Upon arrival at Barcelona Airport, you will be met and transferred to the town of Sort. After settling into your accommodation you will enjoy a welcome meal as a group and your guide will discuss the plan for the week ahead and answer any questions you may have.

**Included Meals:** Dinner

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<th>DAY</th>
<th>JEEP TOUR AND HIKE IN NATIONAL PARK</th>
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This morning you will be picked up in 4x4 jeeps and driven up into the stunning Aigüestortes National Park – a perfect introduction to the beautiful peaks and lakes of the Pyrenean landscapes and plentiful wildlife such as eagles and crossbills.

The group will then enjoy a short hike covering approximately six kilometres with a picnic lunch included en route. Our guides have found a lovely, gentle route that offers stunning views of the scenery. Over lunch, the group will enjoy some fun and games which will help everybody get to know each other.

**Included Meals:** Breakfast, Lunch

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<th>DAY</th>
<th>WHITE-WATER RAFTING</th>
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Today you will take to the water for a thrilling morning of white-water rafting; covering around 14km and taking in some thrilling rapids on this fast-paced river.

You will be given a full safety briefing and paddling instructions on the river bank prior to boarding your raft. Your expert guide will be at the helm and working in teams of up to eight people you will enjoy the delights of the river together. This is always an activity highlight for families.

You will enjoy between one and one and a half hours of exhilaration on the river.

**Included Meals:** Breakfast

### DAY 4  
**CANYONING**

Canyoning is an unforgettable activity; offering challenges, thrills and delight in equal measure. In groups of around ten people you head to the top of the canyon (the 30-minute uphill is definitely well rewarded) in order to descend in a variety of ways; heading downstream via a series of slides, jumps, abseils and swims. This area of the Pyrenees is known as a canyoning hotspot and with good reason, these mountains provide the perfect activity playground.

The activity itself lasts for around an hour and a half from top to bottom, which will leave the rest of the day free for you to explore independently.

**Included Meals:** Breakfast

### DAY 5  
**FREE DAY**

Today has been left free for you to tailor your time and either book some additional activities (payable locally) or perhaps relax by the pool. We highly recommend exploring the town of Sort as the old town enjoys a rich history and there are some great local restaurants to enjoy.

**Included Meals:** Breakfast

### DAY 6  
**MOUNTAIN BIKING OR HORSE RIDING**
Today you will have a choice between heading off on an exhilarating mountain bike experience or enjoying some horse riding. You can make your final decision at the welcome meeting upon arrival in Sort as this allows you to speak to the guides and discuss the routes in more details.

Mountain bikers will be transferred to the starting point at Pla Beret, 1850 metres above sea level. From here you will head into the forest to follow an adventurous track popular with local biking enthusiasts, a great cross-country route.

Horse riders will also be picked up from the hotel and be given full riding tuition before a two-hour riding session in stunning scenery.

Whichever option you choose a packed lunch is included and you are sure to have a great day with your family, making the most of this activity haven.

**Included Meals:** Breakfast, Lunch

### DAY 7  OPEN KAYAKING

After a morning free to relax or arrange some additional activities (bookable and payable locally) your afternoon will once again be spent on the beautiful Noguera Palleres River, this time in open kayaks.

You will be given full instruction before seeing off in either single or double inflatable kayaks (your guide will advise you on which is the most appropriate). Then, armed with your paddle, you will head downstream, enjoying the exciting rapids. You will be out on the water for around 90 minutes in total, depending on water levels on the day.

This evening the group will enjoy a farewell meal together at a local restaurant.

**Included Meals:** Breakfast, Dinner

### DAY 8  DEPARTURE

Today you will be transferred back to Barcelona for your return flights home. Alternatively, we can arrange either delightful coastal extensions or a city break in bustling Barcelona – please speak to our Travel Experts for further details.

**Included Meals:** Breakfast

**Included Accommodation**

Other options are available - see below for details.

Apart Hotel Pey (Nights: 1-7)
Located in the Catalonian village of Sort, in Lleida Pyrenees, this rustic apartment-style hotel is centrally located and within walking distance of the town’s facilities and restaurants. It also has the advantage of being right next to the Noguera Pallaresa River, the base for many of the wonderful water-based activities that you will enjoy during your activity week.

Hotel facilities

- The hotel has a café bar and lounge where snacks can be purchased. Sort has a wide range of eateries so there are plenty of options for visiting families
- There is an outdoor swimming pool area which has proven very popular with the younger family members during their stay
- There is also an indoor games room with pool table
- Families can enjoy the hotel’s garden which has excellent views of the neighbouring scenery
- Free Wi-Fi is available throughout

Apartments

The standard apartments have one double bedroom and two sofa beds in the living area. There is also a well equipped kitchenette meaning that it is possible to self-cater in the apartments. There is also a living area with TV.

Other accommodation options

Contact us for a personalised quote.

Apart Hotel Pey - twin or double room upgrade
For smaller families or for those who prefer their own bedrooms, the twin and double rooms at Hotel Pey are an ideal option.

There are 16 comfortable rooms in total which can be made up as either a double or twin. The rooms offer a comfortable base for your family adventure and provide easy access to the hotel amenities.

Each room is equipped with an en-suite bathroom, TV and hairdryer.

Apart Hotel Pey - two bedroom apartment upgrade

The two bedroom apartments at Hotel Pey are ideal for larger families and can accommodate up to six people. They can also be a preferred option for families who would like a bit more space during their time at Hotel Pey. Their availability is very limited so we recommend booking as early as possible in order to secure one.

Each of the apartments has two bedrooms which can be made up as either a double or twin. The living room also has two separate sofa beds as well as a TV. All of the apartments have their own en-suite bathroom and each one offers a fully equipped kitchenette.
to allow families to prepare meals.

The Specifics

Holiday group size (approximate)

Minimum 8 people and maximum 24 (approximately)

Trip Dossier - The Specifics (Generic)

Group Size

We always try to provide an approximation of the group size you can expect to be with for the duration of each of our holidays. It may be that you are joined by others for parts of your holiday (such as transfers and particular activities) but the above number reflects those you can normally expect to be with from beginning to end. If group size is something which is particularly important to you, please speak to our Travel Experts and they can suggest the best holidays for you.

Tailor-made holiday group sizes will vary for all activities as will the group size for any additional activities you book.

Minimum numbers required for a holiday to operate

Some of our holidays require a minimum number of participants to operate (as listed in the ‘Group Size’ section). If your holiday departure has not yet reached the minimum number, you will be told at the time of booking. In the unlikely event that your chosen date is not guaranteed by nine weeks before your scheduled departure date, we will contact you to discuss the available options as per our booking conditions.

Minimum and maximum age

The minimum age for this holiday can be found in the ‘Key Facts’ section of the holiday overview.

Younger family members may be able to participate but may not be able to take part in all activities. Please contact one of our Travel Experts if you have any questions.

Booking activities locally

Additional activities can be booked locally in almost all our destinations. However, as per our booking conditions, we cannot be held responsible for any injury or loss incurred through participation in activities which are booked at your destination outside of our holiday itinerary (see our ‘Terms and Conditions’ for further details).

When arranging any such activity please always ensure that safety is your primary concern.

In some of our destinations, you can borrow or hire equipment for use in your free time. You do so entirely at your own risk. You
must ensure that you are correctly prepared, have the necessary equipment and knowledge (maps, etc.) and ensure that where applicable, you follow marked routes. We recommend discussing your plans with the local teams who will be able to advise on the most suitable options for you.

Always let the reception/guide know where you are planning to go and take a torch and mobile phone (with the hotel/guide’s phone number stored). It is also a good idea to leave your contact number and the time you expect to return to the hotel should the hotel need to contact you.

Guides & Safety

When partaking in any activity, it is imperative that everyone in your group listens very closely to the instructions provided by the guide and that they are abided by at all times. Our guides are experts in their field and no one knows the environment better than these highly knowledgeable and experienced providers.

Prior to starting any activity, please make it clear to your guide if there is any element of the safety briefing you are unsure of or would like to clarify before you set off.

Our guides will always take local conditions into account when considering whether an activity can go ahead. This is, in part, why your itinerary is subject to change at short notice. This rarely happens, however, if it does, we will always endeavour to reschedule the activity for later in your holiday. If this is not possible then the cost of the activity will be refunded to you when you return home.

Our guides’ word on activities is always final and your safety is their principal concern at all times; please respect their decisions. By following their instructions, your safety and enjoyment during each activity will be greatly enhanced.

NB: In order to participate in our holidays, all guests must be able to understand instructions given in English. These instructions may be delivered verbally or in writing and will include vital safety information and ongoing instruction during activities.

Medical History and Advice

We want our holidays to be accessible as they can be and will do our best to accommodate any special requests and requirements where possible. We have a wide range of holidays and destinations and so our travel experts will help find the best holiday for you.

In order to give us the best possible chance to do this we ask that if you or any member of your party has any medical condition or disability which may affect your holiday or has any special requirements, that you tell us at the time of enquiry or booking. You must also promptly advise us if any medical condition or disability which may affect your holiday develops after your booking has been confirmed. You may need to provide a doctor’s note and proof of insurance in some cases as the health and safety of our clients is absolutely paramount.

In providing this information you are allowing us to work with our expert local partners to ensure that your whole party can enjoy the holiday. By letting us know in advance we can discreetly work with you to adapt any part of the holiday which may potentially be challenging. Being able to prepare for this in advance makes an incredible difference to what we can offer and minimises any impact on your party and the rest of the group.

Unfortunately, if you choose not to share this information with us in advance then it may limit some or all of the itinerary you have
booked, and we cannot be held accountable for any additional costs or missed activities resulting from this.

Pregnancy

If you are pregnant at the time of booking your holiday or you discover you are pregnant prior to your departure, firstly – congratulations! Secondly – please tell us as soon as possible. This situation does frequently arise and we are able to advise you both from our own first-hand experience and from discussing this at length with our expert local partners who have experience in this area. The more notice you can give us the better, in order to suggest any adaptations to the itinerary you have booked which will reduce the risk to both mother and baby. Please contact our customer service team at info@activitiesabroad.com for more information.

It is vitally important that you advise us prior to departure of any medical or dietary condition relating to any member of your party so that we may notify our local staff before you arrive. We recommend only drinking bottled water from bottles with unbroken seals and be vigilant about the use of ice in drinks and ice cream.

Experience and Fitness

Most of the activities we offer have been designed for beginners who have no prior experience and are of all age ranges and fitness levels. Our guides provide expert advice, tuition and instructions prior to any activity going ahead. Activities are designed to be enjoyed and not endured, but some, do require a more basic level of fitness than others. If you have any questions, then please contact one of our Travel Experts who can provide first-hand advice.

The only holidays which are not as suitable for complete beginners are the multi-night safaris which involve several days in wilderness cabins travelling by either snowmobile or husky safari. Again, this all depends on the individual taking part, but some prior experience and understanding of these types of activities can be very helpful and a greater level of fitness is recommended.

Parental Supervision

Our family holidays are designed to be just that, family holidays. During activities, our guides are there to provide advice, tuition and supervision but we must stress that you are responsible for the child or children in your care. We do not employ qualified childminders and you should not put our guides or other group members in a position where they are responsible for the care of your child or children.

Travelling overseas with children

The Foreign Office has advice for travelling overseas with children which can be found by clicking here.

To minimize any potential issues at the border entry point for a country if both parents of a child entering the country are not going to be present then we would strongly recommend having a written statement from the absent parent(s) stating that they are in full knowledge and support of the visit and a contact number should they wish to verify the document is genuine.

Whilst it is unlikely you would need to produce such a document if it is requested and evidence cannot be produced this may delay
your entry into the country and cause further complications which can be easily avoided.

Booking your own flights cancellation disclaimer

If you have chosen to book your own flights, then you will need to wait until we confirm to you that the holiday departure has met the minimum numbers required to run (if applicable to your chosen holiday). Once the holiday is guaranteed to run, you will be informed and you can then make your arrangements.

If transfers are included in your holiday, please ensure that any potential flights will be met by our standard transfers (speak to one of our Travel Experts for advice) otherwise private transfer supplements may be applicable. Once your flights are booked, please send us a copy of your detailed flight itinerary.

Please be aware that most tickets are non-refundable in the case of cancellation. For this reason, we strongly advise you check the rules of the ticket and check the limitations of your cancellation insurance before booking. We cannot be held liable, in the unlikely eventuality that we should be forced to cancel or amend your trip, for losses incurred relating to any flight booking you have made.

Flights and transportation

Please note: our holiday prices are based on the lowest available airline fares. These fares can sell out quickly and, as a result, prices may increase and supplements may be applicable. We recommend booking at the earliest opportunity in order to secure the best possible fares and flight times. This only applies to holidays that include flights.

Special requests & in-flight meals

Due to the remote locations of our holidays, flight availability can be exceptionally limited. To ensure that you can travel on the seats that we have pre-allocated to a certain holiday, flight options might be restricted. Please discuss this with our Travel Experts at the time of booking.

Generally, we are unable to assign specific seating on flights although we can make requests on your behalf. We cannot guarantee this and if a request is unable to be actioned then this is not classed as a breach of contract on our part.

If your booking allows for online check-in then you should do so as early as possible to ensure you are allocated seats next to your travelling companions. Details regarding this will be provided in your final travel documents which will be provided approximately one week prior to travel.

If you require special seats or assistance at the airport due to a medical condition, reduced mobility or disability, then please let us know at the time of booking (or as soon as possible prior to travel if the issue occurs after booking). You may be required to provide written confirmation of your fitness to travel from a doctor.

Domestic flights and those within Europe, may not provide meals or snacks onboard so it is always worth remembering this if you are due to land late in the evening when opportunities to buy food may be limited.

We always forward any dietary requirements to the airlines, but we cannot guarantee the availability of the chosen diet onboard. You may want to consider bringing your own food to guarantee there will be something you will be able to eat. This is the approach...
our staff with dietary requirements take when flying within Europe.

Flight schedule changes and connecting transportation

On your documentation, we will confirm your flight schedule. Sometimes the flight number, routing and timings might change prior to your departure. If the change is classed as a significant change then we will contact you to discuss this. Please see our booking conditions for details.

Flight schedule changes can impact on your pre and post-holiday travel arrangements if these have been booked separately to your holiday. We strongly recommend that you do not book transport (such as trains or transfers), car parking or non-connecting flights to the departure point for your holiday until you have received your final confirmed travel times when your final travel documents are issued. We are not responsible for the effect of any schedule change on your pre or post travel arrangements. We strongly recommend that you do not purchase non-flexible or non-refundable tickets to avoid cancellation and penalty charges.

What to take

Standard Packing List

- Passport (see separate section for visa and passport requirements)
- Final travel letter – this contains vital information and your emergency contact numbers for both the UK and for your destination
- Airline e-tickets (where applicable) – Approximately 10 days to one week prior to your departure your tickets will be uploaded into your online account for you to print and download (if we are arranging your air travel).
- Trip dossier – itineraries are subject to change and the final schedule will be confirmed to you on arrival at your destination
- Travel insurance policy and emergency contact details
- Full driving licence – if driving abroad. If you wish to drive a snowmobile during one of our winter trips, then you will need to take your licence with you. Please also see separate section regarding snowmobiles
- Money or credit card – most major credit cards are accepted. Avoid depending on American Express or Diners Club. Cash points are not always readily available in our destinations
- Glasses/contact lenses if required – for winter activities we advise people who wear glasses to wear one-day contact lenses if possible. This is not essential but advisable
- Medication – you should carry essential medication in your hand luggage but should ensure that in doing so you still meet the airline's conditions of carriage and hand luggage regulations
- Toiletries
- Chargers for cameras and phones
- Travel plug adapters if required (see 'frequently asked questions' for further details)

Specifically for this trip

**Suggested day to day packing list**

Day 2: Long-sleeved shirt, lightweight trousers or shorts, sunglasses and hat, Trainers or walking boots with a good sole, rain jacket and a backpack with water for all the family

Day 3: Swimwear (to be worn under normal clothes), old trainers or wetsuit shoes - not open toed sandals, sun cream, waterproof camera, long-sleeved T-shirt and a towel

Day 4: Swimwear, shorts, t-shirt, sweatshirt, towel, old trainers
Day 5: Free Day
Day 6: Trainers, long trousers, plenty of water, sun cream, hat and insect repellent
Day 7: Swimwear and towel, old trainers and second pair of trainers

Spain FAQs

Do we need to tip?

At your discretion you may wish to tip your guides at the end of your stay as a gesture of appreciation for their efforts during your holiday.

As a very general suggestion in Spain you should use the following as a guide when you have received exceptional service.

In restaurants if you experienced very good service (and a service charge is not already included) you may wish to just round the bill by between 5% - 10% of the total bill.

If you have been exceptionally impressed with your rep during the week then a tip between €25 - €35 per family is a general idea of an appropriate amount to tip but this is by no means expected and reps are always grateful for any tips they do receive. As they like to put it 'tips are, of course, a welcome part of the job but by no means their reason for getting out of bed in a morning'.

Do we need visas to visit Spain?

British nationals don't need a visa to travel to Spain.

Your passport must be valid for the proposed duration of your stay; you do not need any additional period of validity on your passport beyond this.

How do we get to Spain?

Flights are included in this holiday and also a group airport transfer so each family will meet at Barcelona airport before setting off to Sort.

How expensive is Spain?

Depending on where you shop in the Catalan Pyrenees the prices are likely to be similar to those in the UK if not slightly lower. You can expect to pay around €0.75 for a large bottle of water in a supermarket, around €3 for half a litre of local draft beer and you can expect to pay anywhere between €10 - €30 for a bottle of wine depending on the quality.

There is a great range of restaurants in Sort from basic pizzerias right up to a once Michelin starred eatery. There is plenty of choice to suit all budgets. One of the restaurants in Sort, which is favoured by our staff, is called El Celler Dels Joglars. It does a set 3
course weekly menu made up of fresh local ingredients and traditional recipes for under €20 per person.

What is the time difference?

Spain is one hour ahead of the time in the UK.

What is the local currency?

The currency in Spain is the Euro. There are several cash points in Sort. The hotel, larger shops and restaurants accept all major debit and credit cards, however we would recommend you avoid relying on American Express as acceptance of this type of card is less reliable.

What kind of plug do we need to take?

Mains electricity in Spain is a Voltage is 220V, 50 H system. Spain uses the type F plug that is also used in Germany, Austria, the Netherlands and Spain (amongst many other European countries). It needs to be able to fit into the round holes that all plug sockets have here.

What will the weather be like?

The Pallars Sobira region of Spain boasts an average of 300 days of sunshine each year. It is surrounded by an activity enthusiast’s playground with white water flowing through rivers and mountain trails perfect for hiking or cycling.

As this is a mountainous region you can expect summer temperatures from 18 to 25°C but we still recommend lots of sun protection as the sun's heat will be very hot!

The average temperatures are as follows

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<td>May – June</td>
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<tr>
<td>July – August</td>
<td>15°C - 30°C</td>
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<tr>
<td>September – October</td>
<td>8°C - 24°C</td>
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What's the food like?

Sort has a number of restaurants so there will be something to suit everyone in the family from traditional Catalonia cuisine with meals often including fresh vegetables, legumes, pasta, pork sausages, lamb, chicken, fish and game. There are also some more modern and international options such as a pizzeria and Escalarre Rock Café too!

We would recommend those with a sweet tooth to try the Crema Catalana when seen on the menu. This is a famous yellow cream
dessert, like custard, with a solid burnt sugar layer on top, sometimes served with biscuits. It is delicious!

**Flights & Transportation**

**Flights and transportation**

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**Special requests & in-flight meals**

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Generally, we are unable to assign specific seating on flights although we can make requests on your behalf. We cannot guarantee this and if a request is unable to be actioned then this is not classed as a breach of contract on our part.

If your booking allows for online check-in then you should do so as early as possible to ensure you are allocated seats next to your travelling companions. Details regarding this will be provided in your final travel documents which will be provided approximately one week prior to travel.

If you require special seats or assistance at the airport due to a medical condition, reduced mobility or disability, then please let us know at the time of booking (or as soon as possible prior to travel if the issue occurs after booking). You may be required to provide written confirmation of your fitness to travel from a doctor.

Domestic flights and those within Europe, may not provide meals or snacks onboard so it is always worth remembering this if you are due to land late in the evening when opportunities to buy food may be limited.

We always forward any dietary requirements to the airlines, but we cannot guarantee the availability of the chosen diet onboard. You may want to consider bringing your own food to guarantee there will be something you will be able to eat. This is the approach our staff with dietary requirements take when flying within Europe.

**Flight schedule changes and connecting transportation**

On your documentation, we will confirm your flight schedule. Sometimes the flight number, routing and timings might change prior to your departure. If the change is classed as a significant change then we will contact you to discuss this. Please see our booking conditions for details.

Flight schedule changes can impact on your pre and post-holiday travel arrangements if these have been booked separately to your holiday. We strongly recommend that you do not book transport (such as trains or transfers), car parking or non-connecting flights to the departure point for your holiday until you have received your final confirmed travel times when your final travel documents are issued. We are not responsible for the effect of any schedule change on your pre or post travel arrangements. We
strongly recommend that you do not purchase non-flexible or non-refundable tickets to avoid cancellation and penalty charges.

UK foreign office advice

Our clients’ safety is at the centre of everything we do, and our operations team continually assesses and monitors the destinations we feature. We carry out thorough risk assessments and work closely with all of our suppliers to continually follow best practice. For up to date travel advice the UK government offers its Travel Aware website as well as the advice detailed below.

The Foreign and Commonwealth Office Advice

We receive all updates from the Foreign and Commonwealth Office (FCO) with regards to travel advice and we always ensure that we follow this advice in our operations. The FCO issues travel advisories for countries based on a very wide range of factors. They may provide notification about things as simple as a football match and crowds, or they may go so far as to advise against all travel to a region. We ask all our clients to refer to the relevant Travel Advice by Country for the destinations they are visiting in order to make an informed decision on the safety of the destination based on the details provided. It also provides vital information regarding entry requirements, embassy information, local laws and customs as well as specific safety and health. Guests should take responsibility for keeping themselves up to date with this advice. Please also ensure that, if you are transiting through another country, you have read the advice and meet the entry requirements for that destination too.

The FCO travel advice is applicable to British Passport Holders. Most governments will issue their own travel advice for a region and, if you are not a UK resident then you can find some helpful links below:

Australian Department of Foreign Affairs and Trade http://www.smartraveller.gov.au/  
Ministry of Foreign Affairs and Trade http://www.safetravel.govt.nz/  
Canadian Consular Affairs Bureau http://voyage.gc.ca/  
The U.S. Bureau of Consular Affairs http://travel.state.gov/content/travel/english.html

If the FCO deems that there is an unacceptable level of risk for UK citizens then, together with the government, they may issue an advisory against all travel to a region or country. If such an advisory is published, then we will act accordingly, and this may require the cancellation, curtailment or amendment of a holiday itinerary. These decisions are made on the basis of ensuring our clients’ safety and will affect all clients on the holiday, regardless of their nationality.

If one of our local experts suggests an amendment due to a situation which develops locally then we may also take the decision to amend an itinerary appropriately.

If we have to cancel your holiday prior to departure you will be offered the option of an alternative trip (where any price difference will either be refunded to or covered by you) or a full refund of the monies paid.

If we have to curtail a holiday, then you will be refunded for any costs for the elements we have been unable to deliver, where we have been able to secure a refund from our suppliers. If we must reroute a holiday, then any basis for refund is determined on a case by case basis and dependent on whether the central holiday experience was provided or not.

Spain

Below you will find the specific link for the current FCO advice for the country/countries that you are visiting which is applicable to British passport holders only. It is vital that you read this as early as possible as the content includes details on entry requirements,
embassy information, local laws and customs as well as specific safety and health advice.

https://www.gov.uk/foreign-travel-advice/spain

Most governments will issue their own travel advice for a region and, if you are resident outside of the UK, then you can find some helpful links below:

Australian Department of Foreign Affairs and Trade http://www.smartraveller.gov.au/

New Zealand Ministry of Foreign Affairs and Trade http://www.safetravel.govt.nz/

Canadian Consular Affairs Bureau http://voyage.gc.ca/

The U.S. Bureau of Consular Affairs http://travel.state.gov/content/travel/english.html

The finer details

Financial Protection

We know that your holiday will be one of the most important investments you make in a year and we understand how important it is for you to know that you are financially protected and that your money is secure. Alongside our ATOL financial protection (ATOL 6865) you may book with confidence as we are a fully bonded member of ABTA (ABTA number Y6261). This means that you have the benefit of ABTA's code of conduct and your money is fully protected regardless of whether we are arranging your flights for you or not. We also offer our clients our ‘Peace of Mind Promise’ to really put your mind at ease. Please see the following link for full details: https://www.activitiesabroad.com/about-us/financial-protection

Responsible Travel

Responsible Travel is at the heart of our business and our approach is based on ensuring that our holidays are environmentally, socially and economically responsible. We work in some of the most pristine environments in the world and with suppliers who we class as friends; protecting and providing for both is central to our ethos. Full details of our Responsible Travel Policy can be found on our website.

Insurance

Insurance is not included in your holiday, but it is a pre-requisite to travelling with us. You will need to ensure that you have cover for all the activities that you will be participating in during your holiday.

It is extremely important that you take out a suitable travel insurance policy at the time of booking. Plans do sometimes change, and you will need this policy should you need to cancel your holiday.

If you are struggling to find a suitable policy then details of our preferred provider, who will cover you for all the activities we offer, can be found on our website by clicking here
. Please note that this policy is available to EU residents under the age of 75 only.

Terms and Conditions

Our full booking terms and conditions can be found on our website: https://www.activitiesabroad.com/booking-conditions

Itinerary amendments

The order of activities is always subject to change and guests will be provided with their final itinerary upon arrival. The trip dossier is standard to the holiday and does not account for any amends, additions or personalisation to an itinerary. Clients should refer to their booking documents for this information.